



The Mother

Mirra Alfassa, known as the Mother, came from France and joined Sri Aurobindo in Pondicherry in 1914. Together they laid the foundation and took up the task of building a new world, a new society that strives to express and embody the new consciousness, which Sri Aurobindo called the "Supramental."

It is a collective ideal that calls for a collective effort for its realisation, in every field of human activity.

The Mother is the Founder President of the Sri Aurobindo Society.

The Divine Is with You

THE MOTHER



The Divine gives to each individual exactly what he expects of Him. If you believe that the Divine is far away and cruel, He will be far away and cruel, because it will be necessary for your ultimate good that you feel the wrath of God; He will be Kali for the worshippers of Kali and Beatitude for the *Bhakta*. And He will be the All-knowledge of the seeker of Knowledge, the transcendent Impersonal of the illusionist; He will be atheist with the atheist and the love of the lover. He will be brotherly and close, a friend always faithful, always ready to succour, for those who feel Him as the inner guide of each movement, at every moment. And if you believe that He can wipe away everything, He will wipe away all your faults, all your errors, tirelessly, and at every moment you can feel His infinite Grace. The Divine is indeed what you expect of Him in your deepest aspiration.

And when you enter into this consciousness where you see all things in a single look, the infinite multitude of relations between the Divine and men, you see how wonderful all that is, in all details. You can look at the history of mankind and see how much the Divine has evolved according to what men have understood, desired, hoped, dreamed and how He was materialist with the materialist and how He grows every day and becomes nearer, more luminous according as human consciousness widens itself.

Each one is free to choose. The perfection of this endless variety of relations of man with God throughout the history of the world is an ineffable marvel. And all that together is only one second of the total manifestation of the Divine.

The Divine is with you according to your aspiration. Naturally that does not mean that He bends to the caprices of your outer nature,—I speak here of the truth of your being. And yet, sometimes he does fashion himself according to your outer aspirations, and if, like the devotees, you live alternately in separation and union, ecstasy and despair, the Divine also will separate from you and unite with you, according as you believe. The attitude is thus very important, even the outer attitude.

People do not know how important is faith, how faith is miracle, creator of miracles. If you expect at every moment to be lifted up and pulled towards the Divine, He will come to lift you and He will be there, quite close, closer, ever closer.



SHRI NAVAJATA

Shri Navajata's earlier name was Keshav Dev Poddar. His childhood dream was to see the whole world as one happy family. This aspiration made him leave his vast, flourishing business and surrender himself and his all to Sri Aurobindo and the Mother. The Mother blessed him with a new name – Navajata, "The New Born."

Navajata was a rare combination of an idealist and a realist – a man of vision and a man of action. Sri Aurobindo Society is the Mother's creation. But the person the Mother chose to execute Her vision, to act as Her instrument, was Navajata. He was the first General Secretary and Treasurer of the Society under the Presidentship of the Mother. When the Mother left Her body in 1973, She continued to be the Permanent President and Navajata became the first Chairman of the Society, carrying often singlehandedly the entire burden of work.

Navajata's mission was to work for the spiritual vision of Sri Aurobindo and the Mother and his life was a love's labour for its realisation. His loving and generous nature and his magnetic and radiating personality made him easily accessible to all. For us all, he was simply Bhaji, a messenger of the Mother's Love and Grace.

Half an Hour with the Divine

NAVAJATA

One of the greatest problems of man in both life and yoga is to have communion with the Divine, to build a line of communication by which he can receive the guidance and act accordingly.

Man doesn't know that he doesn't have to build the line of communication, he doesn't have to do communion himself. The Divine builds the line of communication, the Divine reaches out to you, puts your consciousness into order, says what has to be said and does whatever has to be done.

Only, you have to get plugged, you have to just switch on to Him. That is the only thing needed from your side. All the rest He does.

That is what Sri Aurobindo has said, 'man should consent to be spiritualised.' So the main thing is your consent.' I want to be changed, I want to be perfected, I want to be divinised,' and to put yourself into His hands, in a very open manner. All your desires, all your preferences, the desire even to serve humanity, the desire even to do good, comes in the way of your opening to the Divine, of your switching on to Him.

And the best thing I can advise you from a very practical angle is: when you get up in the morning, spent half an hour with the Divine. Make it a rule of your life: 'I want to spend at least half an hour with Him, just with Him.'

Whatever your concept of Him, whatever your own shortcomings, whatever your diffidence, doubt, lack of confidence as to how there could be any easy way to establish a communion or communication with Him, despite all this, make a resolution: 'I want to spend half an hour with the Divine everyday in the morning; I want to talk to Him; put my problems before Him; put my aspirations before Him; just as I would have put them to somebody dearest to me, most competent, omniscient and omnipotent person.'

Try it for one day and see the result; for one day and you will know what happens to you and what can happen to you. Just half an hour in one day. And if you can do this properly for one day, you will feel like doing it the whole day, whole night, next day and all your life.

This is the first and decisive step in your unity with the Divine for those of you who are ready, who are really feeling the need to be guided by Him, really feeling the need to be perfected. You know, in our consciousness, a number of things in the mental plane are established from childhood and from birth and from previous life, which obstruct our communication with the Divine. But once you have established this rapport, He puts them right, He cleans them away and everything becomes different for you. So, know that there is no other way to clean your difficulty, every other way is of great *tapasya*, great difficulty.

But this kind of communication with Him, communion with Him, will help you to see how He puts things right in your consciousness.

You will be surprised, when you try to talk to Him, even your own imperfections of thought disappear, even your imperfections of desires disappear, they disappear automatically. You feel you just can't talk to Him, you feel what you are trying to talk to Him is imperfect, it has to take another shape.

So this is what I would like to tell you very briefly: learn to communicate with the Divine and be with Him at least for half an hour every day. And this is the best contact you can have during your 24 hours, the half an hour you spend with Him.

So I would, on this occasion, invoke the Mother and Sri Aurobindo's special blessings for all of you that you may open to the Supramental Light and Force and that Sri Aurobindo's Consciousness may awaken and settle down in your mind, life and body, and manifest itself so that each one of you can become a radiating centre of His presence and His manifestation. May His blessings be with you.

(A talk given on 3rd January 1981)



Sri Aurobindo Society
Creating the Next Future

AN INVITATION If you would like to know more, or remain connected, or participate and contribute to the creation of a better and happier tomorrow for all and the building of a new world, please email us at connect@aurosociety.org or contact us at Society House, No.11, St. Martin Street, Puducherry – 605 001, India.
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